

# **Guest Experiences**



BEACH RESORT & SPA

**MOMBASA** 



## In-house experiences

## Coastal coconut pride by 'Mgema' the Coconut Climber

Witness the traditional coastal coconut climber getting up the coconut tree for a long story around the pride of the long coconut tree. This is a story that can only be told on site and experienced by sight.



### **Dinner Under The Stars** by Lido Lounge



**Sundowner 5 course** 

After Sunset 5 course with chef's surprise

### Art classes by Local Artist

Uncork your Inner Artist on any Wednesday & Thursday 1500-1700hrs!

Our talented local artist will guide the entire session, step-by-step to complete the featured painting/art.

Put some paint on something different at our self-guided, Open Studio sessions and take your painting with you.

Dial Sarova Assistance Desk on 'o' to book this experience with us.



## **Swahili cooking lessons** by concierge

Learn the cooking secrets of Swahili dishes from our 'mpishi'. Embark on an interactive authentic Swahili cooking journey at an iconic historical site. Our guide will take you shopping for ingredients at Mombasa's biggest fresh produce market Kongowea and back to the Hotel where a Swahili chef will give a cooking class, after which you will enjoy your culinary creations.



#### The Spa Rituals

#### by Tulia Spa

Discover the journey of outer wellbeing and inner fulfillment.

Treatments are available every day from o8:00am to 08:00pm. Should you wish to book, kindly call us on 2720

### **ENZYME EMPOWERED FACIAL** (HEALING EARTH PRODUCTS)

A high-performance, specialized, and results-driven facial designed for cellular rejuvenation gently stimulates skin cell renewal on deeper skin levels.

### TULIA SIGNATURE BAMBOO MASSAGE

Relaxes your body, mind and soul using a combination of techniques tailor made to suit your areas of concern and is finished off with a hot towel compress. This massage significantly helps improve the body's natural ability to heal.

#### **COUPLES' RETREAT PACKAGE**

The perfect way to relax with your loved one!
Our signature couples' spa therapy begins with a 10 mins Jacuzzi bath, accompanied by Tranquility Body Scrub, followed charcoal activated body mask and finished off with a soothing Tulia Bamboo signature massage

#### **ANTI JETLAG MASSAGE**

This massage will alleviate jet lag and fatigue, while you experience multiple benefits such as, a restful feeling and an improvement in your sleep.





## Land excursions

# Haller Park's Nature Trail by Concierge

The wasteland of the Bamburi stone quarry has been reclaimed amongst the casuarinas trees and other tropical flora reside a variety of wildlife and birds.

Eland and buffalo, crocodiles and other reptiles can be seen wandering with crowned cranes. Watch out for the hippos as the emerge out of their water pool.

A chance to feed the giraffes and crocodiles awaits.



### **Mombasa Old Town Tour** by Concierge

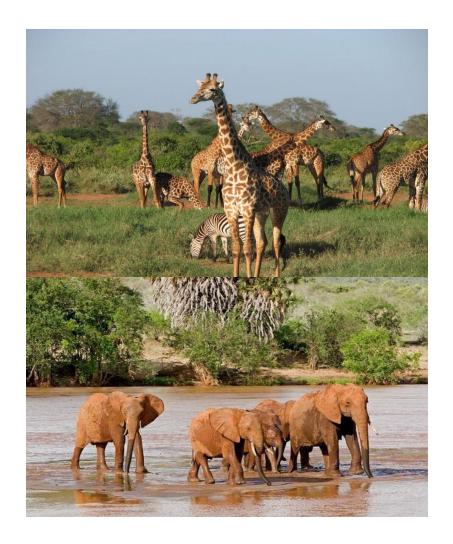
Embark on an unforgettable experience with our local guides around the streets of Mombasa Town. This two-hour walking tour will showcase the rich history of this magical Island. Take a walk through the narrow streets of the Old Town from 'Marikiti' – The Spice Market. Enter the Old Harbor through to the Fort Jesus to experience the marvels of architectural and historical complexities with a touch of Arabic and Portuguese influence.



## **Tsavo East National Park** by Concierge

Begin your day at dawn leaving the hotel at 5:30 am for a road trip to Tsavo East National park. The 3-4 hour trip showcases the terrain of Mombasa & Taita Taveta County. On arrival at Bachuma gate, enjoy a morning game drive through the vast land of one of the oldest and largest parks in Kenya which boasts of hosting the famous big five. There are plenty of wildlife to be seen inclusive of over 500 bird species.

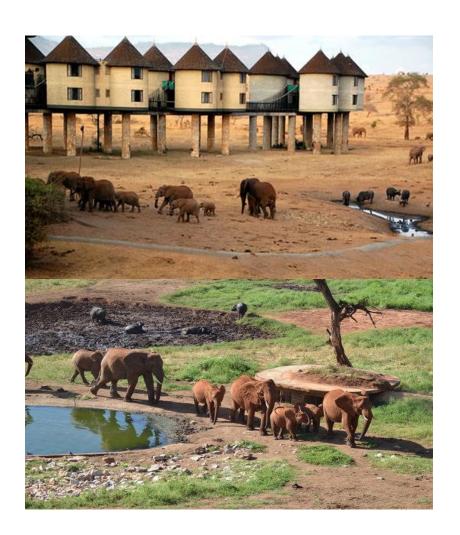
Take a break for lunch (which could be a picnic basket prepared by our chef or lunch at Voi town organized by our concierge team) at around noon and take a short break as you prepare for an afternoon game drive which leads to the exit and embark on a return drive to the hotel in the evening. A lot of fun to have in just a day....right?!



### Taita Saltlick by Concierge

Enjoy a two days, one night safari package to Pollmans Saltlick Game Lodge located in the heart of the Taita Hills Wildlife Sanctuary. The lodge is truly a magnificent and unique architectural concept of distinctively luxurious oval-shaped rooms overlooking a waterhole which attracts a large array of wildlife.

The area is floodlit to facilitate game viewing at night. There is an underground tunnel leading to a chamber allowing guests to safely view wildlife closely at ground level.



### **Shimba Hills National Reserve Tour**

by Concierge

As one of the largest coastal forests in East Africa after Arabuko-Sokoke Forest, this reserve is rich in flora and fauna and hosts the highest density of African elephant in Kenya. Other animal species found in the area are Sable antelope, elephant shrew, bushy tailed mongoose and other small mammals like fruit bats. The forest is an important bird area and is endowed with forest birdlife while the grasslands hold localized species such as red-necked-Spur fowl, Croaking Cisticola and Zanzibar Red Bishop. The scenic Sheldrick Falls and the dense Mwaluganje Forest are also found here along with four campsites.



## Nguuni Santuary

Situated along the Nguu Tatu
Hills,
the Nguuni Nature Sanctuary is
home to Giraffes, elands,
Ostrich, antelope and Oryx Off
Kiembeni Road, Mombasa

#### Open from 9-5 pm

 There are snacks, water & soda in the café, food & beverage is allowed for guests



Mombasa City Sightseeing Tour

Our tour picks out some of the highlights of this colorful town including the bustling fruit and vegetable market, the old Town and its narrow streets, Fort Jesus (museum) and the The famous Elephant Tusks in Moi Avenue (the landmark of Mombasa) and Mama Ngina.

After this exciting tour of Mombasa, return to your hotel for lunch. (This programme can be done either in the morning or the afternoon hours.) It can be done in sightseeing buses

Disclaimer: Requires 1 month advance booking



# Mamba Village

Afternoon transfer to a heaven of reptiles (Africa's Largest Crocodiles Farm).

Best visit is during the feeding time at 5.00 pm also in the arm are beautiful botanical gardens which are worthy to be visited.



## Mombasa Go Karts



- Located in Mombasa North-Coast, along Mombasa-Malindi Road, 1.5 km after hotel Whitesands, just next to the Petrocity station. There is a big signboard with two flags on the main road
- Most of our guest just step-in for Go-Kart or Paintball. Although on busy days we
  recommend to make a booking or you might risk to wait for up to an hour. Please
  book below your time slot. As long as you arrive on time you can go straight to the
  track.

# **Wild Waters** by Concierge



With its exhilarating slides, games, rides, and pools, Wild Waters blends the thrill of an amusement park with the refreshing cool of a water park, making it an ideal place to beat the scorching Kenyan sun.

### Picnic Basket by our Chef

Enjoy your off-site Guest Experiences with a bespoke sumptuous picnic basket prepared by our Chefs.





### Ocean excursions

## Sandbank Picnic



Your private island lies a 40 minutes speedboat ride away!
Our chefs have prepared your picnic basket including light lunch, dessert and a bottle of wine. Grab your snorkeling gear to explore the surrounding lagoon simply relax on comfortable sun loungers on the beach. An experience for families or a romantic getaway for couples.

# Deep sea fishing by Blue Ocean

A four hour excursion across the blue waters of the Indian ocean, deep sea fishing is a real thrill to those who enjoy the game of fishing. Pre book a day before to facilitate proper planning as leaving time depends on tides. Common fish species in the area are Wahoo, Kingfish, Sailfish, Dorado, Yellow fin Tuna, Striped Marlin, Black Marlin, Giant Trevally, Bonito and Skipjack Tuna.



### Wasini Island by Concierge

Depart from the hotel at around 6 am and drive via the ferry channel to the south coast then to Shimoni jetty arriving at around 8 am. Departing from the jetty in the morning by dhow, the trip allows its guests to sail, snorkel the coral reefs, spot some dolphins, relax and soak up the sunshine. Lunch is served at the Dive Base Restaurant. Afternoon at leisure to enjoy relaxing around the lazy lagoon pool, hewn from nature; or visit the Kisite Mpunguti island community project run by the local women of the island & explore deep into the mangroves, returning to the jetty in the late afternoon leave for the Hotel.



## Creek Safari & snorkeling paradise by Blue Ocean

This excursion will take the better part of your day as it a half day trip. Sail on the blue waters of Indian Ocean with a glass boat giving you an uninterrupted view of corals and aquatic life that live under the waters, all the way to the protected Mombasa Marine Park. Snorkel above the coral reef and beds of sea grass to watch the dazzling display of colors, textures and shapes that move in and out of the corals. No need to worry about snorkeling equipment as they are inclusive in the package. What spectacular scene to behold!







### Water Sports by Blue Ocean

Jet Skiing



Wind surfing



### Water Sports by Blue Ocean

Kite Surfing



Canoe(Kayak)



### Water Sports by Concierge

Sundowner cruise

### Catamaran



### Water Sports by Concierge

Yatch/Boat cruise

Scuba Diving



# Tamarind Dhow Dinner Cruise by Tamarind Restaurant

The dinner cruise commencing at 6.30 pm, begins with a welcome "dawa" cocktail as the dhow sails towards fort Jesus. The twinkling lights of Mombasa and the starlit skies provide idyllic surroundings for a delicious seafood dinner meticulously prepared in Swahili style on the deck in front of the guests. The resident band on board offers a wide choice of dance music, from the latest hits to the golden oldies as the dhow gently glides back to the tamarind jetty by 10.30 pm.





BEACH RESORT & SPA

**MOMBASA** 

History Buffs

MOMBASA

#### Allidina Visram Monument



(1851 - 30 June 1916) was an <u>Indian</u> settler, merchant, and philanthropist who played a prominent role in the development of <u>British East Africa</u>. In 1900 he supported the creation of the Mombasa Indian Association and in 1914 was a founding member of the <u>East African Indian National Congress</u>.

He died in Mombasa in June 1916 from a fever contracted whilst on a business trip in the Congo. At the time of his death he had over 240 shops in East Africa and Congo. He was also widely known for his philanthropy and contributed large sums to schools and hospitals across East Africa, including a mosque in Kampala and an Anglican cathedral



#### **Allidina Visram School**



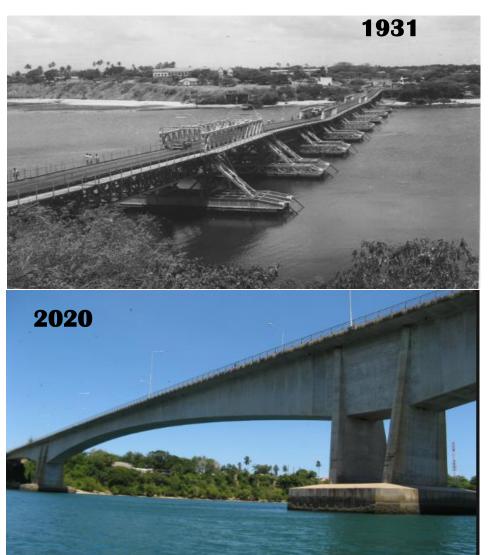
- It is believed that ghosts initially inhabited the school because it was built on a cemetery for Indian Muslims.
- "The school's plan was designed in 1918 and Mr Khaki Shivji, a contractor, began excavation, but some difficulties arose," said Mr Shem Raphael, head of education at Fort Jesus.
- "Superstitious workers claimed that the spirits of the dead were angry for being disturbed. So, Swahili custodians of the spirits were consulted and they promptly called for offerings," he said.
- The ghosts were appeased and construction started in 1921 and ended in 1923.

#### **ETHICS**

- The school opened its doors on January 2, 1923 for Indian students only. "The school was built in the memory of one of East Africa's greatest pioneers," said Mr Juma Mushimu, the principal.
- It was gazetted as a national monument just after independence. A plaque at the school reads: "Mr Visram arrived in East Africa in 1863. He was a leading Indian merchant and planter."
- The school was meant to accommodate about 500 students. By January 1923, it had 331.
- The school's code of ethics was introduced in 1956.



### **Nyali Floating Bridge**



- The **Nyali Bridge** was a floating pontoon bridge linking Mombasa Island to the Kenyan mainland. The bridge linked the Mzizima district of Mombasa to Nyali, and was built in 1931.
- In 1980, the bridge was superseded by the New Nyali Bridge (located approximately 0.55 miles (0.89 km) to the north), leaving the steel bridge to be dismantled for scrap. The western (Mombasa) approach to the bridge is the only remaining part of the bridge but one of the pontoon mooring anchors is on nearby display at the Tamarind Restaurant.

Total length: 1,300ft (400m)

Longest span: 500ft (150m)





- The first "Catholic mission" of Mombasa was founded in 1889 by Father <u>Alexander le Roy</u>, a Missionary of the <u>Holy Spirit</u>.
- On Easter Sunday 1898 the church was completed, but in the early twentieth century, the building was already insufficient to accommodate the number of the faithful increasingly growing. Thus in 1919 plans were made to build a new church in Mombasa and in 1923 the church was completed.

Should you wish to book any of the above experiences, kindly call us on the following numbers;

- +254 719 022 500
- +254 713 444 888

or email us on;

whitesands@sarovahotels.com

Thank you